

# Effect of YOGA in Sports Performance during COVID 19

Date: 21/8/2020

Time: 3.30pm

on



in



Speaker:

**Dr. Indranil Manna**

Assistant Professor,  
Department of Physiology  
Midnapore College  
(Autonomous), Midnapore



Introductory Lecture  
about Society by

**Prof. Amar Chandra**

President, Physiological  
Society of India



Introduction of Speaker by

**Prof. Somnath  
Gangopadhyay**

Hony Gen Secretary  
Physiological Society of  
India



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**Physiological Society of India  
and  
Department of Sports Science  
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